



HIGHLIGHTS OF EVENTS AT THE COMMUNITY CENTER

Sponsored by
the Friendship Heights Village Council



Art Exhibit: The Takoma Watercolor Group—Show runs from Oct. 1 to 27

Reception Sun. Oct. 14, from 11:30 a.m. to 1:30 p.m.

**Café Muse presents poets Marilyn McCabe and Barbara Louise Ungar,
with Classical guitar by Michael Davis—Mon., Oct. 1, at 7 p.m.**

Dr. Saralyn Mark will discuss her book, *Stellar Medicine:*

A Journey Through the Universe of Women's Health—Thurs., Oct. 4, at 7:30 p.m.

FLU SHOTS—Fri., Oct. 5, from 10 a.m. to 2 p.m.—Registration required.

Columbus Day holiday—Mon., Oct. 8—Center open 9 a.m. to 2 p.m.

(Shuttle Bus runs on weekend schedule 8 a.m. to 7 p.m.)

**Speech Therapy Group for Adults, with Susan Wranik, Speech Pathologist
and sponsored by Suburban Hospital (meets monthly on 2nd Tues.)**

Tues., Oct. 9, at 2 p.m.

Suburban Health: Jennifer Werdell, physical therapist, on tips to avoid falls

Wed., Oct. 10, at 1 p.m.

Movie—*Bernie*—Thurs., Oct. 11, at 7 p.m.

Village Council Meeting—Mon. Oct. 15, at 8 p.m.

The Village Book Club: Selection: *Reading Lolita in Tehran* by Azar Nafisi

Tues., Oct. 16, at 11 a.m. (meets monthly)

Tea and Talk: *Secrets of Healthy Aging* with Karen Stuart

Wed., Oct. 17, at 1 p.m.

Vision Support Group: *Treatment Options for Eyelid Problems*

with Dr. Chad Zatzalo—Thurs., Oct. 18. at 12:30 p.m.

Movie—*The Best Exotic Marigold Hotel*—Thurs., Oct. 18, at 7 p.m.

**Warning Signs of Alzheimers presented by Family & Nursing Care,
Alzheimer's Assn. and the Village of Friendship Heights—Fri., Oct. 19, at 1 p.m.**

**Maryland School of Public Policy Brody Forum on Ballot Questions 6
(Civil Marriage Protection Act), and 7 (Gaming Expansion Referendum)**

Cosponsored by the League of Women Voters—Sat., Oct. 20, at 3 p.m.

MVA Mobile Bus (on Friendship Blvd.)—Mon., Oct. 22, from 10 a.m. to 2 p.m.

Shred-it Truck (parked on Friendship Blvd.)—Oct. 23, from 5 to 7 p.m.

Tea and Talk: *The Early Days of Rock and Roll* with Daryl Davis

Wed., Oct. 24, at 2 p.m.

Why Baby Boomers Need to Rethink Retirement—Thurs., Oct. 25, at 7 p.m.

Children's Halloween Bingo Party—Fri., Oct. 26, from 6:30 to 8 p.m.

Children must be accompanied by an adult, guardian or friend over age 13.